

What is Veterinary Physiotherapy?

A **Veterinary Physiotherapist** uses non-invasive techniques to restore movement and function, often after injury or surgery, or in cases of chronic illness or age-related degeneration.

Core Techniques Include:

- **Manual therapies:** massage, stretching, joint mobilization
- **Electrotherapies:** PEMF, Thermotherapy, Phototherapy
- **Therapeutic exercise:** strength training, balance work
- **Gait re-education:** correcting movement abnormalities
- **Owner education:** home care, safe handling, rehab programs

What conditions do we treat?

- **Orthopaedic Conditions** – Hip/Elbow dysplasia, cruciate ligament injuries (pre/post-op), fractures, osteoarthritis.
- **Neurological Conditions** – Intervertebral disc disease (IVDD), degenerative myelopathy, nerve injuries, vestibular disease.
- **Post-operative rehabilitation** – Cruciate surgery (TPLO, TTA), femoral head ostectomy (FHO), spinal surgery, amputation support.
- **Chronic pain & mobility issues** – age-related degeneration, muscle atrophy, obesity-related mobility issues.
- **Sporting/working dogs** – injury prevention, performance optimisation, conditioning and recovery.

What to expect from a session?

- **Full Assessment** - Your dog's movement, posture, muscles, and joints will be assessed to identify pain, weakness, or stiffness.
- **Hands-On & Therapeutic Treatments** - The physio may use massage, stretching, joint mobilisations, or equipment like laser or ultrasound to aid recovery.
- **Tailored Exercise Plan** - Your dog may be guided through gentle exercises to improve strength, balance, and mobility—always at their pace.
- **Home Care Advice** - You'll receive clear guidance on exercises, activity levels, and how to support your dog's progress between sessions.
- **Vet Collaboration & Progress Tracking** - Your physio works with your vet and monitors your dog's progress to ensure safe, effective results over time.